



Taking Action. Inspiring Change.



We need your help to maintain a healthy and safe work environment at Mars Hill University

Mars Hill University is pleased to announce an easy-to-use mobileenabled COVID-19 symptom tracking tool to ensure we are making the workplace as safe as possible.

To access the Symptom Checker in the My Pathway to Health app, click on "Trackers" in the bottom navigation bar, then select "Symptom Checker". Click on the plus sign in the the top right corner to add a new entry. This tool allows users to record and monitor symptoms related to COVID-19.

Within the Symptom Checker, users may quickly and easily record the following data points:

- Body Temperature
- Date Taken
- Time Taken
- Presence of key symptoms associated with COVID-19 and other respiratory illnesses
- **Comments** regarding the nature of their symptoms

Click **Save this Entry** to submit responses. Users must supply responses to all questions.

INSTRUCTIO indicate whe symptoms as guidelines.	NS : Record your body temperature and ther or not you have any of the following ssociated with COVID-19 as per <u>CDC</u>
Date Taken	
7/7/2020	
Time Taken	
12:15 PM 🗸	
Temperature (*	'F)
Fever or feeli	ng feverish (chills, sweating)
O Yes	O No
Cough	
O Yes	O No
Shortness of	breath
O Yes	O No
Sore throat	
O Yes	O No
Congestion o	r runny nose
O Yes	O No
Body aches o	or muscle pain
O Yes	O No
New loss of t	aste or smell
11 C	

To download, open www.mypathwaytohealth.com/ Home/AppDownload in your mobile browser to be directed to the iOS App Store or the Google Play Store and select "Download".

To log in, open your

My Pathway to Health mobile app or visit

www.mypathwaytohealth.com and enter your username and password.

Username:LASTNAME followed by DOB with NO zero first (01/01/2000 would be 1012000). Password: Apple20\$ Please remember to change your password after login!

To register as a new user, select **Register Your Account** and enter your:

- Employer Code: MHU
- Last Name
- Participant ID: Employee ID (last 7 digits) or Student ID (last 6 digits)
- Date of Birth

If you are unable to login, please contact Orthus Health at 1-800-550-2427